## What is the CARES Act?

The Coronavirus Aid, Relief, and Economic Security (CARES) Act is Congress's latest coronavirus relief package and was signed into law on March 27, 2020. The CARES Act is the largest economic relief bill in United States history and will provide support to individuals and businesses a ected by the pandemic.

Many of you have questions about the new law and how it impacts your bene  $\,$  ts, in SeI

## What do I do until my Benefit Card can be used to purchase overthe-counter medications and menstrual products?

Don't worry, you can always le a claim to be reimbursed from your FSA, or request an online distribution from your HSA, until merchants have implemented the updated list of eligible items for bene t card use.

